

## OM SAI RAM

### WELCOME TO THIS QUESTION AND ANSWER SESSION

#### Q 352, “HOW TO ELIMINATE MAYA (ILLUSION)?”

March 13, 2025

*The following text contains excerpts taken from Prof. Anil Kumar’s book  
“Seeking Within,” pg. 122-131*

*Prof. Anil Kumar Kamaraju was chosen by Bhagawan to spread His Message and Mission. He has travelled extensively in India and abroad and has answered countless questions and cleared doubts based on Swami’s Divine discourses and his personal interactions with Bhagawan. Most importantly, Prof. Anil Kumar guides us effectively on how to connect to the Inner Sai.*

**Q. “I am a teacher of yoga. I know God is One. But do you think all the people I see are false? Do you think it’s all maya, illusion? Do you think they don’t exist? Do you say it is all a dream?”**

**A. Prof. Anil Kumar:** The answer is simple. Yoga is a connecting link with God. The meaning of ‘yoga’ is ‘connecting or uniting with God’. So, when you are connected with God, you experience Oneness. You experience unity. You’ll see God everywhere – in the animals, in plants, in mineral matter. Everywhere you will experience God. It will be just as Jesus Christ said when He saw a dead stinking dog on the street. Everyone said, “Burn it! Take it away!” Jesus smiled and said, “How bright the white teeth are! How bright are the white teeth of that dead dog.”

This means that you’ll see the best in the worst. If it is the true path of yoga, you’ll see unity in diversity. Yoga should give you unity. But that does not mean in practical life we can be, united in all ways, no! In our practical life, diversity is there.

Suppose a student comes to me and says, “Sir, please teach me.”

I cannot tell him, “You are God, I am God. So, there’ll be no class today!” Or suppose a patient comes to a doctor and says, “Sir, I am suffering from excruciating pain.” Will the doctor say, “You are not a patient and I am not a doctor. You are God and I am God. So there is no question of surgery!”

It is all nonsense! From a practical point-of-view, there is unity. Ideologically, let us experience unity. Spiritually, let us experience unity. Physically, let us operate at the level of diversity. It is necessary to be practical, to be fundamental, to be realistic. That is the best answer I can give you.

**Q. If Swami knows everything about us, why did He ask you yesterday, during His Divine discourse, about the name of the boy standing there?**

**A. Prof. Anil Kumar:** Oh-ho! Good! He is asking me about what he saw; he is very sharp! Good! We get these questions. I will bring in an analogy, which is close to this situation:

If Swami comes like that to you and asks, “When did you come?”, does He not know when you came? The very same Swami said, “Nobody can be here unless I want them to be here.” That’s what He has said. Then why does He ask, “When did you come?”

Second example: He was just there on the dais, while the program was going on in full swing. He was looking at me and said, “How about your breakfast?”

“That’s OK, thank You.” (Some ‘Divine romance’ goes on here, you know!) Does He not know that I am yet to have my breakfast? Why should He say that?

My friends, God establishes contact by asking such questions. Suppose He does not talk to you at all, as He knows everything. So, why should He talk to you? Why should He talk to you, as He knows everything?

No, no, no. To give you the joy of talking to Him, to give you the happiness of being close to Him, to give you the thrill of being near Him, He starts asking you, “What did you have for breakfast?”

“Oh! How are you?” “Your dress is nice!” “How is your job? Then we start answering these questions enthusiastically.

So, coming back to the question about what happened yesterday at the discourse, Swami asked me to tell the name of the boy so that it would lead to this question today and the accompanying answer, so that all of you will be benefited.

**Q What is the origin of maya? Where is it?**

**A. Prof. Anil Kumar:** Somebody complained, “Swami, I am suffering because of *maya*, illusion. Well, I do not want it. See that I am free from this *maya*.”

Baba immediately said: “Is *maya* painful to you? Is *maya* hurting you? Show me where *maya* is.”

“We want to kill *maya* because *maya* is hurting us.” We say, “*Maya* is killing us. Such a painful, hurting thing should not exist. So let us kill this *maya*.”

See our experience here. We think Swami is coming this way, but He goes that way. We think He is going to the stadium but He goes straight into the interview room. It is all very strange; you cannot predict Him. He will delude you like anything. But this is also a

matter of fun; this is also a matter of joy, to watch Swami doing that. You run to find out the car is turning just in the opposite direction! These police people do not know where Swami's car is going, even they do not know! Sometimes they ask, "Where is Swami going?" I tell them, "You find out and let me know!"

So, this *maya* or illusion is under the control of God only. It is not under your control. A man who has drowned cannot save another man. He is already finished. How do you expect him to save another fellow? Impossible! A blind man cannot guide another blind person. Both are equally blind.

Therefore, *maya* cannot be removed by any other extra agency. Illusion cannot be dispelled by anybody. It is only by God's grace, because it is God who has put on Himself this vesture, this dress of illusion or delusion. Therefore, He has the name Madhava.

***Q. When God has this maya under His control, how can I get out of it?***

**A. Prof. Anil Kumar:** How can I get out of it? It is a serious problem. As we are not able to get out of human-created problems, how can we come out of the God-created problems of *maya*? How can we do that?

Baba gave this example. You can certainly come out of this *maya* by the grace of God. Swami explains further. When you go to a rich man's house, the rich man has a lot of property and so much money at home. Naturally, rich people maintain Alsatian dogs, or some have bulldogs. There will be signs: "Beware of dogs! Beware of dogs!" Naturally, dogs are scary; the moment you go there, the dog jumps on you, ready to attack. What should you do then? If you run, it will chase you; if you stand there, you are frightened. A shake-dance starts! So, what is to be done then?

Shout loudly, "Oh friend! Where are you? I have come to see you. What happened? Instead of seeing you, I am seeing your dog. I have not come to meet your dog! I have come to meet you!"

Shout loudly and then your friend will come down. That rich man will come down and he will just ask the dog to back off. When he commands, "Go back," it will immediately go and you can follow your friend.

Similarly, God is the Master, while the pet dog is *maya*. When the Master says, this *maya* will go away. Whereas if you say, "Go away!", no, no, it will be on you, over you, around you and if possible reach into you (bite!). The only way is to shout.

Baba advises, "Shout" – meaning, sing His glory, do *Namasmarana*.

*Maya Maanusha Vesha  
Kesava Madhava Jayadeva Madhusudhana  
Maya Manusha Vesha Leeladhara*

“So, when you shout for His help, naturally, *maya* will leave you – you will not experience pain, you will not be hurt by *maya*.” That is one thing Baba has said.

There will be more Divine Revelations for us in the next session.

Thank you for your time.

**OM SAI RAM**